

	Sunday	Saturday	Friday	Thursday	Wednesday	Tuesday	Monday
Bread – yeasted or sourdough	✓		✓				✓
Pasties / Quiche – meat or veg / both	✓		✓			✓	
Cakes and sweet treat	✓	✓			✓		✓
Jars	✓	✓	✓	✓	✓	✓	✓

Items will usually be freshly prepared for these days although if there are some left over they may be available the day after too! Check the cupboard for availability.

